## Ave Verum

[A chant in honor of the Blessed Sacrament (Thirteenth Century).]

Hail, true Body, born
Of the Virgin Mary,
Who didst truly suffer and die
On the Cross for man,
From Whose pierced side
Flowed Blood and water,
May we receive Thee, a foretaste of Heaven,
When we are in the agony of death.
O gentle, O loving,
O sweet Jesus, Son of Mary.



**Accidental.** The only accidental ever used in Gregorian Chant is flat 7 (Te). You will notice that the flat is not made as it is in modern music.